



LYNFIELD COLLEGE

Principal: S.W. Bovaird BA, Dip Tchg, Dip SM

Dear Parents and Caregivers of Year 9 Students,

Lynfield College is pleased once again to offer the Travellers programme to our Year 9 students this year. In this programme young people learn skills to "travel well" through life's journey. Although suitable for all students, the programme has been found to be particularly helpful in assisting young people who have experienced much change or challenges to settle into their new life at college.

The programme is called Travellers because:

Life can be seen as a journey which each of us travels.
At times the journey can be more challenging than at other times.

Travellers helps young people to develop skills to cope with difficulties they may encounter. For further information see www.travellers.org.nz

At Lynfield College, Travellers starts with all Year 9 students completing a confidential online Travellers questionnaire. A group of Year 9 students is then selected and invited to participate in the Travellers programme. It is voluntary, and students can only participate if they have their caregiver's signed permission. The small group of up to twelve students, taken by a specially trained staff member, meets for one to one and a half hours each week for 8 weeks.

If your child is invited to participate in Travellers, you will be contacted again with more detailed information about the group programme. We have continued the programme because in past years students have enjoyed it and have found it helpful in developing skills and confidence to handle challenges.

If you have any concerns or questions, please contact the Year 9 Dean, Raneeta Prasad on 627-0600 ext. 723, or Deborah Kevany on 627-0600 ext. 747.

Thank you for your consideration of this information.

Yours sincerely

Raneeta Prasad
Year 9 Dean

Deborah Kevany
Guidance Counsellor